

This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

First Name

Last Name

E-Mail Address

SUBSCRIBE ME!

Kelly's **Thoughts** On Things

FOOD-FAMILY-FUN



TWO EASY WAYS FOR MAMA'S TO STAY HYDRATED AND ALERT

September 4, 2018 / by [LaTanya](#) / [Leave a Comment](#)



When you are a mom, it is easy to stay busy with your baby and family that you forget to stay hydrated. We are often so tired from sleepless nights that we forget to take care our ourselves. I have two easy ways that mama's can stay hydrated and alert even when you are very tired.

nursing mamas. The Multi Flask lets you have seven different types of drink bottles in one system, reducing CLUTTER in your cabinet! Just assemble the Multi Flask with the desired included parts, to get a perfect bottle for all your types of drinks like: 11 oz double wall hot coffee with glass inner sleeve, or Hot Tea with INFUSER for either Green Tea, or Black Teas; or 20 oz. cold drinks like Fruit Infusions (very healthy!), Powdered Sports powder drinks (Mmm Smoothies!) which work with the shakable “Agitator” attachment to keep them stirred up, enjoy the Sport-Drink mode, with a soft silicone spout (to protect you from bumping your teeth while drinking and exercising). Designed in Canada by Precidio and patented, they paid careful attention to details to ensure you have a great drinking experience! Every surface you may touch with your mouth is covered by the lid, to ensure it is kept clean in your gym bag, purse or backpack.



Shuffle the parts to “MORPH” [Multi Flask 7-1](#) into:

- 24h Cold sports bottle
- Fruit infuser
- Big 23oz/680ml bottle
- Shaker/Smoothie bottle
- Cold brew coffee maker/travel bottle

The Multi Flask retails for \$44.99.

STAYING ALERT

When you are caring for a newborn or multiple children, it doesn't take much to tire yourself out. This is where [Kafé in the Box](#) can help moms! Kafé in the Box will make you look like you have it all together Mama even when you are running on fumes. You will adore this new and unique coffee and tea traveler, with its square design, clear Tritan(TM) window, and double walled design. Lighter than a stainless carrier, Kafé in the Box is perfect to reduce the use of Disposable coffee cups at your favorite cafe, and show your special style.



The Kafé in the Box comes in 12 (\$15.99) and 16 oz (\$17.99) sizes. You can choose from the available colors: black, bronze, silver and white

This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

I received this product to facilitate my post. All opinions expressed are my own!



0 SHARES

Filed Under: [Misc](#), [Reviews](#)

Tagged With: [kafe in the box](#), [MORPH™ Multi Flask 7-1](#)

[« Get Your Child's Ears Pierced Anywhere But The Mall](#)

[Pioneering TV Mom Releases A Special New Cookbook »](#)

LEAVE A REPLY

Your email address will not be published. Required fields are marked *

Comment

Name *

Email *

Website

POST COMMENT

This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

This site uses Akismet to reduce spam. [Learn how your comment data is processed.](#)

Search



CONNECT WITH KTOT



ABOUT KTOT



Hi...I'm Kelly! Welcome to Kelly's Thoughts On Things.

Find Me on Twitter!

Find KTOT on Instagram!

Read More

**CLICK HERE TO
ENTER**

GIVEAWAYS



This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

CATEGORIES

Select Category



SIGN UP TO BE FEATURED

In Our Gift Guides

2018

This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

Fall Fashion Guide



KellysThoughtsOnThings.com

This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

Feel Good Guide



BACK TO SCHOOL



2018 GUIDE



HALLOWEEN GUIDE



KELLYSTHOUGHTSONTHINGS.COM

Holiday Gift Guide



All links on this site may be affiliate links and should be considered as such. Kelly's Thoughts On Things is a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to Amazon.com

~KellyThoughtsOnThings.com

This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

Appliance
Labor Day
Sale



This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

PRIME EXCLUSIVE
fire tv stick

~~\$39.99~~
\$24.99

Limited-time offer
[Learn more](#)



Top Gift Ideas



[Learn more](#)

Privacy

amazon

echo dot

~~\$49.99~~
\$39.99

Limited-time offer
[Learn more](#)



Privacy

BLOGGER LIFESTYLE NETWORK
A SheKnows Media Brand
[Advertise](#) | [Privacy](#)



This website uses cookies to ensure you get the best experience on our website. [More info](#)

Got it!

deaispotr.com

COPYRIGHT © 2018 · KELLYS THOUGHTS ON THINGS